

BRIDGET CHELF  
OCEAN WELLNESS  
509 SO. CEDROS AVE., STE. D  
SOLANA BEACH, CA 92075  
858/792-7296

TO GET TO OUR OFFICE:

FROM 5 NORTH:

- EXIT VIA DE LA VALLE AND TURN LEFT
- TURN RIGHT ONTO CEDROS AVE. (JUST ONE STREET BEFORE THE 101)
- GO THROUGH THE STOP SIGN AND FURTHER DOWN ON THE LEFT SIDE YOU'LL SEE TWO IDENTICAL BROWN BUILDINGS (509 & 511). COME DOWN THE DRIVEWAY IN BETWEEN (THERE IS PARKING DOWN HERE). IT SAYS "OCEAN WELLNESS" ON OUR DOOR

FROM 5 SOUTH:

- EXIT LOMAS SANTA FE AND TURN RIGHT
- TURN LEFT ONTO CEDROS AVE. (JUST ONE STREET BEFORE THE 101)
- GO THROUGH THE STOP SIGN AND FURTHER DOWN ON THE RIGHT SIDE YOU'LL SEE TWO IDENTICAL BROWN BUILDINGS (509 & 511). COME DOWN THE DRIVEWAY IN BETWEEN (THERE IS PARKING DOWN HERE). IT SAYS "OCEAN WELLNESS" ON OUR DOOR